



## Laser Hair Removal FAQ

### How does it work?

GentleMax Pro uses laser technology to deliver a burst of energy onto targeted areas of the skin, delivering a controlled amount of targeted therapeutic heat safely and effectively.

### How long does treatment take?

A treatment could take as little as a few minutes to as long as an hour, depending on the area and the comfort of the client.

### How do I prepare for a treatment?

Patients scheduled for hair removal should avoid tweezing, electrolysis or hair waxing for six weeks prior to treatment.

Come to your appointment clean shaven and free of any sunscreen, lotions, make-up and deodorants in the area being treated.

The treatment area should not be exposed to sunlight/tanning booth lights prior to or immediately after treatment for a minimum of three weeks.

### What can I expect during treatment?

Your technician will utilize a small handpiece to deliver laser pulses about the size of a quarter onto the desired treatment area.

Patients will feel moderate discomfort with each laser pulse, sometimes described as a snap of a rubber band on the skin. The treatment will go at a pace you can tolerate.

### What will my skin look like after the treatment?

Your skin may look red. Bumpiness around the hair follicles will last a few hours up to a few days. The treated hair will shed over the next few weeks followed by a phase of no hair growth, until the next cycle of hairs enters a growth phase.

### What are the possible side effects?

Side effects include redness, swelling, hyperpigmentation, hypopigmentation, scabbing and blistering in the treated area. These usually do not last more than a few days, but pigment changes can last several months. Any sun exposure dramatically increases the risk of complications. Permanent side effects are rare.

### When can I expect to see results?

The number of sessions depends on the treatment area, age, hormonal status, genetics, and the condition of your skin. Treatments are spaced 6-12 weeks apart depending on the patient's age and the area being treated. Most body areas require 6-12 treatments to have 90% of the hair gone long term. An exception to this is facial hair, which is impossible to predict due to wide individual variation.