

Morpheus8 FAQ

What is Morpheus8?

MORPHEUS8 is a fractional skin treatment that stimulates collagen production of the underlying layers of the dermis. By targeting the deeper layers of the skin, the building blocks will reorganize themselves in a natural anti-aging process. Morpheus uses bipolar radio-frequency energy, delivered through micro-needles which are insulated except for the tip. This gets the energy deep into the skin with less surface disruption. This results in tighter, firmer skin with improvement in some surface concerns as the underlying dermis improves. Morpheus8 Body can go deeper to also melt some fat while tightening skin on the body.

What areas can be treated?

Morpheus8 can be used on any area that can benefit from sub-dermal renewal. The most commonly treated areas include the lower face and neck. Areas of the face and body that exhibit wrinkles can also be treated with Morpheus8 Body. While there are no non-invasive miracle cures for stretch marks, large pores, and scars, Morpheus8 treatments can create some improvement in these.

How many treatments will I need?

Best results are from the recommended series of 3 treatments, 2-4 weeks apart.

When will I see results?

Visible results can be seen within a few days due to post-procedure plumping, but typically after three months the most noticeable results begin to appear. Improvements continue up to six months after last treatment. Because collagen remodeling is occurring, the results are longer lasting than more superficial treatments. Most people will eventually do a maintenance treatment periodically, or repeat a series for even further improvement.

What is the benefit of RF energy? How does it compare to other tightening methods?

Fractionated RF energy is a scientifically proven method to reduce wrinkles and remodeling collagen and fat. It is minimally invasive, using a matrix of micro pins to renew deeper layers of the skin with almost no patient downtime. RF energy heats the deep layers of the skin in a controlled way to revitalize the collagen. The treatment will improve skin complexion and texture for a more radiant and youthful appearance. RF can penetrate deeper than YAG laser tightening, and much deeper than plain esthetic level micro-needling. While Morpheus can't reach as deep into the facial dermis as Ulthera (our strongest tightening treatment) can, it has a lower price than Ulthera and is less painful. Morpheus8 Body goes even deeper than Ultherapy but only on the body, not the face.

Does Morpheus8 hurt?

You will use topical anesthetic cream before the treatment to cut down on how much discomfort you might feel. In areas where we want to treat aggressively, you will still feel some discomfort. Using the anesthetic cream properly makes a HUGE difference in how comfortable you are. Overall it is bearable, but similar to a tattoo if you don't use enough cream. Nitrous oxide and lidocaine are available for "rescue" if needed. It is safe to take prescription oral pain medicine if you have a driver.

What is the post-procedure care?

For the first 24-48 hours you should only apply Aquaphor or medical grade Aftercare cream that we have for purchase in office. After that, you can apply makeup and regular products. It is important to use broad spectrum sunscreen while skin is healing in any way, ideally forever of course! You should expect to see micro lesions, tiny pinpoint rough dots, a few days after treatment which can last an average of up to 5 days. You may also have slight redness, or areas of dryness for up to 1 week depending on treatment parameters. Makeup can camouflage most visible signs, after the first 24-48 hours.

What else can RF Energy do for me?

Our RF device has several components: the Morpheus8 described above, a resurfacing treatment option with 7-10 days downtime, and the Votiva vaginal rejuvenation treatment. The MorpheusV can also be used in conjunction with the Votiva for more intense external labial improvement and vaginal collagen rejuvenation.